

Enrolment Day Calendar 2018

TERM 3 (8 WEEKS)

Kempsey Enrolment

THURSDAY JULY 19
Kempsey-Macleay RSL Club
1 York Lane
10.30 am – 12 noon

SWR Enrolment

MONDAY JULY 23 Boronia
Gardens, 10 Lawson Street
10.30 am to 12 noon

CLASS LEADERS MEETING

Friday July 27 10.00 am
Tozer Street Hall

CLASSES START
Monday July 30

CLASSES END
Friday September 21

TERM 4 (8 WEEKS)

Kempsey Enrolment

Thursday October 11
10.30 am – 12 noon

SWR Enrolment

Monday October 15
10.30 am – 12 noon

CLASSES START
Monday October 22

CLASSES END
Friday December 14

Christmas Lunch

Tuesday December 18

PRESIDENT'S REPORT – TERM 3

Here we are in the middle of another exquisite Macleay Valley winter. Cold nights and mornings followed by bright sunny days.

Those of us who can, head for warmer climates and the rest of us enjoy each other's company, as we continue to participate in Kempsey Macleay Valley University of the Third Age activities. To help keep our KMOVU3A healthy and growing, we need everyone to get active and involved: join the committee (if you're interested, speak to a committee member and come along to a couple of meetings to see what is involved and how it works) — consider leading a class on a subject that interests you and where you have some expertise, participate in some different classes, bring along a new member or speak to someone you know about the benefits of belonging to KMOVU3A. There are no age restrictions, anyone who is mature and able to attend activities during the day is welcome.

To get the most out of participating in our U3A classes and activities the committee invites everyone to be polite; while our classes are not formal, it is important to remember that class leaders volunteer their time and we all need to be respectful to them and other members of the class. Alert your class leader if you're unable to attend or are going to be late. Although some classes host energetic exchanges of opinion or information, it is important to be respectful, not interrupt and make sure that every participant gets a fair hearing. We are all adults and there is usually plenty of time for everyone to be heard, especially the class leaders! Treat your fellow class members and class leaders as you would your friends and members of your family. And, remember to enjoy the courses and the friendships you make along the way.

In an attempt to streamline procedures on Enrolment Day we are only going to issue receipts to people who specifically ask for them. We hope that this simple change will cut down on the queues, especially during Term 1 Enrolment Days when folks generally also renew their memberships. Just a reminder to all members, late enrolments make preparation for classes at the start of each term difficult for the very hard-working volunteer committee members and it takes much longer to finalise classes. Also, please remember that if you don't put your name with your payment when paying in any way, we won't know who you are and can't enter your name on the class list.

A couple of items of interest: Bob Birrer has now been appointed our Regional Representative for the U3A NSW Network and will be working with U3A committees up and down the Mid North Coast. Also, we have purchased a small, portable PA system, which will be available for class leaders who need it, but will have to be booked in advance.

I hope the list of classes new and returning as follows in this newsletter, will contain something of interest to you all and I look forward to meeting you again at Enrolment Day on Thursday 19 July in Kempsey at the RSL in York Lane or Monday 23 July at South West Rocks at Boronia Gardens.

Gabi Brie ♦

COMMITTEE CONTACTS 2018

PRESIDENT	Gabi Brie	6566-8319	president@kempseymacleayu3a.com.au
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COMMITTEE MEMBER	Beth Fuller	0427-455-517	committee_member2@kempseymacleayu3a.com.au
COMMITTEE MEMBER	Jenny Sproule	6562-1141 0429-453-753	committee_member3@kempseymacleayu3a.com.au

WHAT'S NEW? WHAT'S CHANGED?

Some interesting changes are in the wind for the coming term!

Returning for us to enjoy will be Around the World, featuring some of U3A's well-travelled members to share their recent experiences on some of the world's most interesting destinations.

Novel Adventures will lead the literature buffs on a journey into love, looking at literature, poetry and art surrounding titles such as 'Girl with a Pearl Earring' (Tracy Chevalier), 'Love and Friendship' (Jane Austen), 'Out of Africa' (Karen Blixen), and more.

The Circle of Peace course will adopt a 2-workshop format this term, exploring the concept of a culture of peace, using Australian and international examples.

Term 3 is also offering an introduction into Drawing, Sketching and Painting, including the use of colour, appropriate tools, different art media, and design principles, while developing a personal portfolio.

An addition to languages already offered by KMVU3A is Mandarin Chinese, focussing particularly on pronunciation – a must for anyone intending to travel to China.

South West Rocks will be a new venue this term for photography, offering participants the opportunity to take full advantage of the features of their digital cameras, with plenty of practice in the field in the beautiful surroundings of the local area.

Canoeing will continue along and near 'the mighty Macleay', but on Mondays only.

As always, there is a plethora of activities to be sampled and revelled in – but there's always space for more.

If you have any suggestions for other courses, please put them forward through your class leader or by contacting a committee member – all contact details are in this newsletter.

If you think you would be interested in leading a course yourself on your own area of interest or expertise, we would be delighted to hear from you. Lots of practical support and help can be provided to get you started.

As always, enjoy your coming sessions, whether they be old favourites or something new to challenge you and expand your horizons.

Kerry Sharp, Course Coordinator ♦

HOW DO I ENROL AND PAY?

1. Online:

Log on to myu3a.net/KempseyMacleay
Enter your ID and password
Enter your classes
Make your payment using PayPal

Or

2. Direct deposit/bank transfer to:

Coastline Credit Union
BSB: 704 189
A/c No: 00008731
Include your name on payment
Send an enrolment form to KMVU3A

Or

3. Go to Coastline Credit Union and deposit into:

BSB: 704 189
A/No: 00008731
Include your name on payment
Send an enrolment form to KMVU3A

4. By Post:

Complete your enrolment form
Include your payment of cheque or voucher
Post to KMVU3A
Allow 2 weeks for delivery
Do not send cash

Or

5. Attend Enrolment Day:

Complete your form
Speak to a class leader Have your name put onto class list
Have your form checked at Form Checking Table
Pay the Treasurer

KEMPSEY ENROLMENT TERM 3: Kempsey-Macleay
RSL Club, 1 York Lane, Thursday July 19 – 10.30 am
to 12 noon.

SWR ENROLMENT TERM 2: Boronia Gardens 10 Lawson
St SWR, Monday July 23 – 10.30 am to 12 noon

UNABLE TO ATTEND CLASS?

Please contact the class leader beforehand

What's on in the Macleay Valley

There are lots of interesting and stimulating happenings in our Valley – below is just a taster! If members know of upcoming events (rather than regular meetings), please contact a committee member and we will try to include this information in future newsletters.

Naidoc Week	Various activities	The week begins on Monday July 9 with the Naidoc March, a flag raising and morning tea to follow A workshop at Wigay (Sea Street) introducing plant usage and weaving	Look for details in the Macleay Argus on July 3 Thursday July 12 from 1.30pm (bookings essential @ the Kempsey Library)
Roxy @ SWR	A deal for U3A members	Offering U3A members double shows all day Friday for \$10 (usual cost \$12 per movie)	You will need to show your U3A nametag — without it the deal will not be available
Kempsey Library Author Talk	A Christmas in July event: <i>"A Feast of Authors"</i> .	10.30am -12.30pm Wednesday July 25 A panel of 6 authors will discuss their careers and the inspirations behind their books. If you are a keen follower of author talks you will not be disappointed	Bookings on 6566320, or in person @ the Library
<i>Grow it – make it – swap it</i> Riverside Park, Kempsey	A friendly gathering, sharing their excess produce, whether that's beans and oranges, craft or other "swap-able" items	Usually the last Sunday of the month 10.00am in Riverside Park under the shelter area	For details email jaghumphris@gmail.com
Gladstone Gallery		Movember in July! Featuring local male artists July 26 — August 9 "4Art" starts August 7	Gallery – 65676092
Trial Bay Gaol	Sculptures in the Gaol	August 5 – September 1	check the www.macleayvalleycoast for opening times

KMVU3A Course Etiquette Suggestions

The committee has generated a Course Etiquette Guide to ensure that course participation is pleasant for all U3A members and leaders alike.

In the interests of common respect for each other, should members of any group have any problems to address with each other, this should be done in private at an appropriate time so as to minimise any embarrassment to other group members and leader.

All courses should commence on time and participants should be courteous enough to be punctual. Any members who may have ongoing problems with being on time for a course, please talk to the course leader on enrolment day.

Members who know they will be absent for several weeks of a course might also like to talk to the course leader on Enrolment Day.

Some classes have restricted numbers and often have a waiting list of people who would like to attend, or due to the nature of some courses, prolonged absences might impede members from gaining most benefit from the course.

Members should familiarise themselves with their class leader(s)' phone number and maybe one other class member so that they can contact someone if they cannot attend a class.

All members are asked to make sure they understand the requirements of a

course, both in levels of skills required and materials needed.

With the exception of classes held at club or outdoor venues, tea and coffee are provided for classes with members of the group taking it in turns to provide the "milk and bikkies" for morning/afternoon tea.

All groups are asked to assist with the setting up, cleaning and packing up of their venue.

Any difficult class situation or behaviour deemed by a Class Leader as unacceptable or offensive, may be referred to the Management Committee for further determination. ♦

Courses Taking a Break in Term 3

Social Croquet @ Smithtown — History of the Dunghutti People

— Buddhist Meditation

NEW/RETURNING COURSES FOR TERM 3 2018

AROUND THE WORLD

Leader: Fran Tarbox

Calling all armchair travellers – come to Brazil, France, Scandinavia, Morocco, Scotland, Ireland and Iceland! No packing and unpacking; no jet lag; no expenses; no language barriers! Only a few minutes drive from home – and you are there!

CIRCLE OF PEACE

Leader: Beth Fuller

KMVU3A is offering the Circle of Peace in Term 3 in a new workshop format to suit the weekend U3A-er. We'll be aiming to create a space where participants can explore their own understanding of peace and consider the conflict in and around us. After looking first within ourselves, we'll then consider how others understand peace, and consider how we can put peace into practice.

DRAWING, SKETCHING & PAINTING

Leader: Susan Baker

Bring out your inner artist! This course will assist you to collect an 'inspiration folder' for your work.

Topics will include both theory and practical work in manipulation of tools, colour, design composition and perspective, lighting, etc, in water colour, chalk pastels, charcoal, acrylic paints, and coloured and mono pencils.

Purchase of materials will be discussed at enrolment and in the first class session of the term.

MANDARIN CHINESE FOR TRAVELLERS & BEGINNERS

Leader: Kathleen Butler

The aim of this course is to teach participants how to pronounce Mandarin 'pin-yin' which is the alphabetical version

of the language – this would be particularly useful for anyone planning to travel in China. Having lived in China for 10 years, partly studying the language, I found my Chinese tutors didn't know how to teach their pronunciation. I discovered the technique, and it is not too difficult – you just need to practise! Participants could consider sourcing and purchasing a Berlitz Mandarin Phrase Book, but this is not a requirement.

NOVEL ADVENTURES – IN LOVE

Leader: Fran Tarbox

Not only novels – but poetry and art and Kenya! We will start with "Shakespeare in Love" and read some sonnets and sections from various plays. Then to Tracey Chevalier's "Girl with a Pearl Earring" and a look at Vermeer's paintings. Jane Austen's little known "Love and Friendship" will be followed by Karen Blixen's life story brought to life in "Out of Africa". Depending on time we will view "Atonement" by Ian McEwan and/or Joanne Harris' "Chocolat". There is plenty of love to keep us going!

IMPROVE YOUR PHOTOGRAPHY SKILLS (SWR)

Leader: Jim McFerran

Learn to use all the settings on your digital camera. Improve your understanding of composition, exposure, aperture, shutter speed, and what these settings control in your image.

We will have outings around the Rocks and have the opportunity to photograph our beautiful surroundings.

You will need a camera that has manual settings, your camera instruction manual, and a tripod. ♦

COURSES FOR TERM 3 2018

BALANCE 'N' BONES

Leaders: Monday @ Kempsey – Robyn Forrest;

Monday @ SWR – Rona Murphy

Wednesday @ Kempsey – Margaret Jopling;

Thursday @ SWR – Rona Murphy.

This program has been developed by U3A for mature aged participants at all levels of fitness. It includes warm up, balance, stretch, cool down and relaxation — all in 50 minutes!

(Due to limited space at Tozer St there will be a maximum of 13 participants in the class on Wednesday.)

BEADING WORKSHOPS

Leader: Judy van Raak

Tiles, Tilas, Twins, Berries and Peanuts all have something in common — they are beads and may be the star of our next project. Fun? Frustration? Probably both. The penny will drop and after several hours that special necklace will be well on the way to completion. Wear comfortable clothing and bring your lunch. Tea and coffee supplied.

Beads available for purchase on the day.

BRIDGE

Leader: Margaret Corley

Team Leader Margaret has been playing bridge for about 30 years, loves it and wants to teach others to play. She has never played at a club and has no wish to do so. Margaret is purely a social player.

CANOEING

Leaders: Joannah Hughes-Hallet and Steve Tarbox.

Canoeing will continue as an ideal pastime for mature people to enjoy the beautiful Macleay waterways in good company but only on Mondays this term.

Please check with your doctor before undertaking canoeing (you can be over an hour away from medical help). You will need a canoe, buoyancy vest, paddle or paddles (depending on the boat). Unfortunately, there is no perfect canoe for all purposes, so it is best to try before you buy and get good advice before purchasing.

COURSES FOR TERM 3 2018

CARD MAKING WORKSHOP — ADVANCED

Leader: Brenda Prescott

This group is for the more experienced card makers. Participants must have completed at least one term with the Wednesday group. You will share ideas and learn new skills and techniques. See class leaders on enrolment day for first week's requirements.

CARD MAKING GROUP — WEDNESDAY

Leader: Brenda Prescott

Course requirement list will be available on enrolment day.

Come along to our friendly card making group and learn practical skills that result in a lovely and usable product. If you have the will, Brenda will show you the way. So surprise your family and friends with a personalised and unique greeting card.

CARDS, PEGS & TILES

Leader: Judy Nisbet

Each afternoon class members can decide for themselves which of our games they wish to play. So if you would like to participate and share a relaxing afternoon you will be able to decide to play Cribbage, Canasta, Samba, Bolivia, 500 or Rummy King. This often means on any afternoon each table of four players, will be playing a different game.

CRYPTIC CROSSWORDS

Leader: Vivien Doyle

Cryptic crosswords challenge your mind to think differently in order to solve clues. Push back dementia as it has been found to be successful when puzzles are solved in groups.

FRENCH — BEGINNERS

Leader: Marlene Holland

What a thrill it is to read something in another language and suddenly realise you actually understand what you have read! This class has some members who have never learned French before. Usually they find it is not as difficult as they feared. Then there are those who perhaps did the subject at school and would like to refresh their knowledge. It is recommended that they attend the beginners for one term to get "the little grey cells" (to quote Poirot) working but they can move on to the other class at any time that they feel comfortable doing so. You need to have only a reasonable dictionary as all other materials are found.

FRENCH — INTERMEDIATE

Leader: Marlene Holland

Perhaps the term *intermediate* should be upgraded for this group as they are very good at reading excerpts from the classics, writing short stories and speaking – all in French. But don't be afraid of thinking you don't know enough. You could be very pleasantly surprised. Especially as it is all mixed up with a good dose of fun.

FRIDAY FILMS

Leaders: Bob Ecclestone, Maryanne Kelly

Friday Films will continue in Term 3 2018. Class members seem to enjoy the "Class Choice" format introduced in Term 2 last year. We have been watching a few lesser known movies as well as some perennials. We encourage suggestions for both themes and titles and we are managing to maintain an eclectic mix of both, so come along to Tozer Street on Friday afternoon at 12.30pm and join us for a cuppa and discussion after the movie.

FUN AND GAMES @ RSL

Leader: Jacky Booth

We are continuing to play the Canasta derivative Bolivia but looking to boost the fun factor by progressing to the next level: Hand and Foot. Involving two hands of cards each this sounds complicated but can be mastered by any experienced player with relative ease and provides much enjoyment for all concerned. As one of our players commented, "I love Wednesday afternoons, we laugh a lot!" If you'd like to participate in an activity that sends you home with a smile on your face – give this one some thought.

MACLEAY MEANDERS

Leaders: Bruce Cumming, Margaret Jopling

Can you think of a more pleasant way to spend Friday mornings than being part of a happy, friendly, fitness-conscious group walking around the beautiful Macleay Valley?

We explore coastal areas, country roads and forest trails and usually have a surprise walk during the term.

Members are welcome to bring their dog, provided the walk is outside National Park restrictions.

We send an email each Tuesday giving details of that week's walk so members can decide whether to participate.

Term 3 will offer new routes as well as old favourites and everyone is welcome regardless of their fitness level.

MAHJONG

NB. Mahjong is held on Tuesday in South West Rocks, Wednesday and Friday in Kempsey.

Due to its popularity, class numbers are limited.

See Course timetable for individual group limits.

MAHJONG @ SOUTH WEST ROCKS

Leaders: Jim and Margaret Harris-Walker

Now in its 9th year, Mahjong has become very popular in South West Rocks with players learning Western, Chinese and variations on the game. Continuing players only in Term 3. Margaret and Jim look forward to another term of fun, friendship and entertainment.

MAHJONG @ WEST KEMPSEY

Leader: Margaret Emerson

This ancient Chinese tile game continues into its 15th year with KMOV3A. Over those years many wonderful friendships formed and there is great caring, tolerance and acceptance in our members.

As we grow 'a little less young' it is important wherever possible to stay active, both physically and in the field of learning. Mahjong is a wonderful fun way to exercise the brain and meet new friends.

In term 3, we will be accepting beginners to our course. The game may seem complicated at first, but beginners remain with a tutor until they feel confident to play with more experienced players. If you have ever felt it was a game you would like to learn, maybe this is the time.

MAHJONG WITH A TWIST

Leaders: Gwen Norton and Ros Banner

Mahjong with a twist is back!

The twist is we switch play from Western to American to Chinese. It is a fun afternoon. Hoping to see the same enthusiasm as we had before. Thursday afternoon at the Uniting Church – see you there!

COURSES FOR TERM 3 2018

MACLEAY SOCIAL GARDENERS

Leaders: Mary Sweeney & David Wood

If you have a balcony, patio, small town garden or acreage then this course is for you. Whatever your garden interests are, fruit trees, vegie patch or just pottering in the garden, you are welcome to come along and share your gardening experiences with like-minded, friendly people.

We have guest demonstrators and garden/nursery visits during the term. We have a trading table at each meeting to share cuttings, plants, excess vegies/fruits, etc.

For Garden and Nursery trips please bring a chair, suitable walking shoes and a hat. Remember to bring a mug to each meeting.

Come along and be inspired to exercise your green fingers!

SCRAPBOOKING

Leader: Dianne Dunkley

Come and join this popular craft, and have fun doing it. Learn how to preserve those precious documents and photos, from simple pages to the more complex. I'd love to help you with: Photo storage and organisational products, Quick Album ideas, Photo albums (traditional slide in style or plain), simple scrapbooking, to the more elaborate pages. So for all your scrapbooking supplies and ideas come to my workshed (at the rear of my house), and join us for a fun and informative 2 hour class.

SPANISH

Leaders: Richard Mackay

Continuing classes for students who have started Spanish language study. The textbook *ELE Actual* is used as well as other audio resources. A knowledge of Spanish pronunciation is required. Students who have learnt Spanish elsewhere are very welcome.

TABLE TENNIS WEDNESDAY @ RSL BOWLO

Leaders: Steve Tarbox and Shirley Mayhew

The Kempsey-Macleay RSL Bowling Club is a good venue and all equipment can be supplied. Non slip sports footwear is recommended. Qualified coaching is provided. Friendly games

of singles or doubles are played.

So, why play table tennis?

- Gentle on your body, yet you will have a good workout.
- You will improve your mobility and reflexes
- There is plenty of thinking and strategy development
- But – most of all – it is fun!

TUESDAY TAPPERS

Leader: Gloria Markovina

For fun, laughter and good company come to Sherwood Hall Tuesday 9 to 11am. No experience necessary, just a love to dance. Fitness is a bonus. Please wear comfortable clothes and don't forget your water.

UKULELE FOR BEGINNERS @ SWR

Leaders: Pauline McFerran, Dereck Smith, Margaret White

I first picked up a ukulele when I was 2 years old, playing tunes at 4 years old, so I have played the ukulele and guitar for a long, long, time (no mention of age!)

You can become part of the South West Rocks Ukulele Sing-along – a happy, fun loving group – where you will learn about your instrument and how to care for it, to play basic chords, to strum, to tune, how to read and play music and singalong whilst you play! If I can sing a tune you can too...

I will have you playing simple tunes in a short time. You say impossible – nothing is impossible!

You will need a ukulele, a music stand and a tuner. These can be bought at The Music Zoo, online or at other music stores.

Further details on enrolment day or contact Pauline – 6566 7632 or 0447 282 573

Happy Strumming!

YOGA

Leader: Maree Taylor

This is a gentle yoga class via a DVD. A yoga mat or similar will be required; a cushion and small blanket may also be helpful. Wear comfortable, loose clothing.

Come along and give it a go. ♦



Macleay Social Gardeners on their visit to Coffs Harbour Botanical Gardens.

PHOTOCOPYING FOR CLASSES

Please ring Christ Patemen on 0407-229-600 if you need anything copied for classes

Please submit your postal or electronic
Enrolment info by Wednesday July 18

LAST DAY OF TERM FOR U3A TABLE TENNIS...



Left to right : Trevor Lock, Margaret Emerson, Maree Taylor, David Hulme, Shirley Mayhew, Brian Deane, Ruth Woodward, Margaret Howard, Steve Tarbox absent: Lorna Jennaway, Mary Ann Kelly, Reg Myatt



Members enjoying croquet at Smithtown.

Macleay Social Gardeners

For the last week of term, U3A Macleay Social Gardeners Group enjoyed a bus trip to Coffs Harbour Botanical Gardens, where everyone enjoyed a delicious morning tea, and then a walk through the beautiful and interesting gardens.

Whilst some members enjoyed the walk, others took advantage of the people mover, which is run by volunteers. The 50 acre garden is located on Council managed Crown lands, surrounded on three sides by Coffs Creek. Features of the gardens include areas of Threatened species, Rain forest Proteaceae, a Sensory Garden and a Japanese Friendship Garden.

Then on to visit two nurseries, the first one to have lunch, and walk around the nursery, which sold almost everything garden related, and then a much smaller interesting nursery in Nambucca, which was packed with plants, ideas for the garden, statues and sculptures.

All members had a most enjoyable time, and voted for 'a next time garden trip, in the not too distant future' !

Mary Sweeney and David Wood ♦



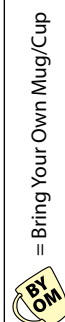
Here are some happy Social Gardeners about to board the bus for Coffs!.

KMV U3A TERM 3 2018 TIMETABLE



DAY & TIME	COURSE	CLASS LEADER(S)	START DATE	VENUE	CLASS SIZE	TERM COST
Monday 9am to 10am	Balance'n'Bones – Monday @ Kempsey	Robyn Forrest 6562-7180	July 30	Anglican Youth Centre, 25 Marsh St, West Kempsey	Everyone Welcome Maximum 15	\$5
Monday 9.30am to 10.30am	Balance'n'Bones – Monday @ SWR	Rona Murphy 0417-668-489	July 30	Boronia Gardens 12 Lawson Street SWR	Everyone Welcome Maximum 15	\$5
Monday 9.30am to 12.30pm	Canoeing	Joannah Hughes-Hallett 0405-366-443 Steve Tarbox 6562-7797	July 30	Eden St boat ramp and other venues	Restricted – Max. 20	\$5
Monday 10.00am to 11.30am (6 weeks)	Mandarin Chinese for Travellers & Beginners	Kathleen Butler 6562-4263	July 30	46a Tozer Street West Kempsey	Everyone Welcome Min. 2, Max 6	\$5
Monday 10.45am to 12.15pm	Improve Your Photography Skills	Jim McFerran 6566-7632	July 30	Boronia Gardens 12 Lawson Street SWR	Everyone Welcome Maximum 10	\$5
Monday 11am to 12 noon	Yoga	Maree Taylor 0428-317-121	July 30	Anglican Youth Centre 25 Marsh St West Kempsey	Everyone Welcome	\$5
Monday 1pm to 3pm	Spanish	Richard Mackay 6562-7174	July 30	Uniting Church Hall, Wide St, West Kempsey	Everyone Welcome Prior Knowledge Necessary	\$5
Monday 1pm to 4pm	Cards, Pegs, Tiles	Judy Nisbet 0449-876-173	July 30	46a Tozer Street West Kempsey	Everyone Welcome	\$5
Tuesday 9am to 11am	Tuesday Tappers	Gloria Markovina 6561-7340	July 31	Sherwood Hall	Everyone Welcome Maximum 16	\$5
Tuesday 9.30am to 12.30pm	Mahjong @ SWR	Jim/Margaret Harris-Walker 6566-7434	July 31	Boronia Gardens 12 Lawson Street SWR	Continuing Players Maximum 30	\$5
Tuesday 10am to 12 noon	Scrapbooking	Dianne Dunkley 0428-550-012	July 31	95/38-98 Gordon Young Drive, SWR	Everyone Welcome	\$5 + materials
Tuesday 10am to 3pm	Card Making Workshop – Advanced	Brenda Prescott 6566-0468	July 31	46a Tozer Street West Kempsey	Min. 4 – Max. 12 No Mail Bookings	\$5
Tuesday 10.30am to 12.30pm	French – Intermediate	Marlene Holland 6566-8702	July 31	4 Bede Lawrence Close Frederickton	Prior Knowledge Necessary Maximum 10	\$5

KMV U3A TERM 3 2018 TIMETABLE



DAY & TIME	COURSE	CLASS LEADER(S)	START DATE	VENUE	CLASS SIZE	TERM COST
Tuesday 1pm to 4pm	Mahjong @ SWR – Experienced	Margaret Harris-Walker 6566-7434	July 31	Boronia Gardens 12 Lawson Street SWR	Continuing Players Maximum 30	\$5
Tuesday 1.30pm to 4.30pm	Bridge	Margaret Corley 6562-4330	July 31	All Saints Catholic Parish Hall cnr Kemp & Marsh Streets West Kempsey	New & Continuing Players	\$5
Tuesday 2pm to 4pm	French – Beginners	Marlene Holland 6566-8702	July 31	4 Bede Lawrence Close Frederickton	Everyone Welcome Maximum 10	\$5
Wednesday 9am to 10am	Balance 'n' Bones – Wednesday @ Kempsey	Marg Jopling 6562-6044	August 1	46a Tozer Street West Kempsey	Everyone Welcome Maximum 13	\$5
Wednesday 9.15am to 12.30pm	Mahjong @ West Kempsey	Margaret Emerson 6566-8273	August 1	Uniting Church Hall, Wide St West Kempsey	New and Continuing Players Maximum 28	\$5
Wednesday 10am to 3.30pm	Card Making – Wednesday	Brenda Prescott 6566-0468	August 1	All Saints Catholic Church Meeting Room Kemp & Marsh Streets, West Kempsey	Continuing enrolments only. Min. 5 – Max. 12	\$5
Wednesday 10.15 am to 11.45 am (5 weeks)	Around the World	Fran Tarbox 0408-627-797	August 1, 8, 15, 22, 29	46a Tozer Street West Kempsey	Everyone Welcome	\$5
Wednesday 1.00 pm to 3.30 pm	Novel Adventures – In Love	Fran Tarbox 0408-627-797	August 1	46a Tozer Street West Kempsey	Everyone Welcome	\$5
Wednesday 1.15pm to 4.30pm	Fun and Games @ RSL	Jacky Booth 6567-4511	August 1	Kempsey-Macleay RSL Club	Everyone Welcome Maximum 24	\$5 + club m'ship
Wednesday 1.30pm to 3.30pm	Table Tennis Wed. @ RSL Bowlo	Steve Tarbox 6562-7797 Shirley Mayhew 6562-7134	August 1	Kempsey-Macleay RSL Bowling Club 13 Austral St Kempsey	Everyone Welcome	\$5 + club m'ship
Thursday 9.30am to 10.30am	Balance 'n' Bones – Thursday @ SWR	Rona Murphy 0417-668-489 Isobel Hennessy 6566-7878	August 2	Boronia Gardens 12 Lawson Street SWR	Everyone Welcome Maximum 15	\$5
Thursday 9.30am to 12 noon	Cryptic Crosswords	Vivien Doyle 0400-372-749	August 2	46a Tozer Street, West Kempsey	Everyone Welcome	\$5
Thursday 1pm to 3pm	Drawing, Sketching and Painting	Susan Baker 0403-566-977	August 2	46a Tozer Street, West Kempsey	Everyone Welcome Minimum 2, maximum 8	\$5 + materials

KMV U3A TERM 3 2018 TIMETABLE



= Bring Your Own Mug/Cup

DAY & TIME	COURSE	CLASS LEADER(S)	START DATE	VENUE	CLASS SIZE	TERM COST
Thursday 10.45am to 12.15pm	Ukulele@ SWR	Pauline McFerran 6566-7632 Derek Smith 0412-906-025 Margaret White 6566-6027	August 2	Boronia Gardens 12 Lawson Street SWR	Everyone Welcome Maximum 30	\$5
Thursday 1pm to 3pm	Macleay Social Gardeners	Mary Sweeney 6566 9348 David Wood 0429-317-199	August 2	Masonic Hall, Tozer Street West Kempsey	Everyone Welcome Maximum 45-50	\$5
Thursday 1pm to 4.00pm	Mahjong With A Twist	Gwen Norton 0418-633-903 Ros Banner 0421-325-653	August 2	Uniting Church, West Kempsey	Everyone Welcome	\$5
Friday 8.30am to 12 noon	Macleay Meanders	Margaret Jopling 6562-6044 Bruce Cumming 6566-8286	August 3	Car Park behind Caltex, Verge Lane, Kempsey	Everyone Welcome	\$5
Friday 12.30pm to 4pm	Friday Films	Bob Ecclestone 0419 414 412 Maryanne Kelly 0407-222-591	August 3	46a Tozer Street, West Kempsey	Everyone Welcome	\$5
Saturday 10am to 4pm (2 weeks)	Beading Workshops	Judy van Raak 6562-2684	August 11 & September 1	46a Tozer Street, West Kempsey	Everyone Welcome Maximum 10	\$5
Saturday 9am to 12 noon (2 weeks)	Circle of Peace	Beth Fuller 0427-455-517	August 28 & September 8	46a Tozer Street, West Kempsey	Everyone Welcome Maximum 8	\$5



Kempsey-Macleay U3A celebrated 15 years of operation at a lunch on Wednesday July 4 and pictured here are four of the original committee members, Barry Bishton, Tony Corley, Joan Dooley and George Thring with Fran Tarbox just before cutting the cake at a most enjoyable luncheon.

2003 — The Beginning of KMVU3A

Following the outstanding rollup and level of interest shown at the public meeting in October 2002 a steering committee was formed to start planning for a U3A in the Kempsey area.

The inaugural meeting was held on December 4 and the rest is history...

Inaugural Committee

President	John Russell
Vice-President	Liz Troke
Secretary	Sophia Hazelwood
Asst Secretary	Sandra Walsh
Treasurer	Tony Corley
Publicity and Newsletter Committee	Dorothy Britten
	Barrie Bishton
	Joan Dooley
	George Thring

Term 1 Courses – 2003

Chess	Wal Klug
Bridge for Beginners	Rudi Kohlhasse
History of Western Philosophy	Shirley Thring
Tuesday Talks	Various
Yoga	Brenda Gaved
Spanish	Mary Trevena-Rowe
Biology	Roger Knauer
Australia in the 20th Century	John Russell
Creative Writing	Sophia Hazelwood
Singing for the Joy of it	Lindsay Keay

Annual Fee – \$25 Term Cost – \$10

First Enrolment Day

Monday 3 February, 2003 at Kempsey Macleay RSL Club

Happy 15th Anniversary Kempsey-Macleay Valley U3A!



Left: the U3A 15th Anniversary cake.

Below left: Barrie Bishton, Tony Corley, Joan Dooley and George Thring, from the original 2003 committee.

Right: Cutting the cake, 4th July, 2018



A few of the people attending the 15th anniversary lunch at Kempsey-Macleay RSL Club



The U3A Herald

JULY 2018

If undelivered please return to
KEMPSEY-MACLEAY VALLEY U3A
PO BOX 3666 WEST KEMPSEY 2440

TERM 3 ENROLMENT DAYS:

Kempsey-Macleay RSL Club, 1 York Lane, Thursday July 19 – 10.30 am to 12 noon.

Boronia Gardens 10 Lawson St SWR, Monday July 23 – 10.30 am to 12 noon

Please submit your Postal or Electronic Enrolment before Wednesday July 18

Classes Start on Monday July 30 and end Friday September 21

ON-LINE ENROLMENT IS NOW AVAILABLE!

See KMOVU3A Website for full details. Follow the prompts!

Change of Details

If any of your details have changed, please fill out the following and bring it to enrolment or post it to:

MEMBERSHIP SECRETARY
KEMPSEY-MACLEAY VALLEY U3A PO BOX 3666, WEST KEMPSEY 2440

NAME

ADDRESS

POSTAL ADDRESS

E-MAIL ADDRESS

PHONE MOBILE PHONE

SIGNATURE