



The U3A Herald

TERM 2, APRIL 2017

A Newsletter for Kempsey Macleay Valley U3A Inc.

Website: <http://www.kempseymacleay3a.com.au>

E-mail: info@kempseymacleay3a.com.au — Phone: 6562 5869

CALENDAR 2017

TERM 2 (8 weeks)

Enrolment:

Thursday 20th April at SWR
Surf Club, 10.30am
to 12 noon

Wed. 26th April at Kempsey
Macleay RSL Bowling Club,
Austral Street, 10.30am
to 12 noon

CLASSES START

Monday 1st May

CLASSES END

Friday 23rd June

Mid Year Luncheon

Wednesday 28th June

TERM 3 (8 weeks)

Enrolment:

Thursday 13th July at SWR
Mon. 17th July at Kempsey

CLASSES START

Monday 24th July

CLASSES END

Friday 15th September

CLASS LEADERS MEETING

Friday 21st July

TERM 4 (8 weeks)

Enrolment:

Thursday 5th October at SWR
Mon. 9th October at Kempsey

CLASSES START

Monday 16th October

CLASSES END

Friday 8th December

Christmas Luncheon

Tuesday 12th December

PRESIDENT'S REPORT – TERM 2

The year got off to a great start with a smorgasbord of 37 classes on the menu to whet our creative, mindful and energetic appetites. Many thanks to our class leaders who volunteer their valuable time, expertise and knowledge to ensure our U3A courses are enjoyable, informative and stimulating.

NB. All course participants are kindly reminded of the importance of notifying their Class Leaders if unable to attend classes — on each occasion. Thank you.

New Constitution

It has been 10 years since the KMVU3A Constitution was originally drafted and much has changed since then. There is a new NSW Associations Incorporation Act 2009 and a new set of regulations which came into effect in September 2016. To address this issue, a KMVU3A sub-committee was formed and in January a draft Constitution was put before the whole committee for review. With only a few amendments required this draft Constitution was presented to a Special General Meeting held at the RSL Club on 13 March and was consequently formally ratified (unanimously) by all members who attended.

Many thanks to all who participated in this important process, especially the members of the sub-committee comprising Fran Tarbox, Maree Taylor, Bruce Cumming and led most ably and fearlessly by Bob Birrer.

The 2017 Constitution (26 pages) can be viewed on the KMVU3A website.

Volunteers List Update

To support our hard working committee, we have — especially on busy enrolment days — called upon our list of willing workers to assist. If you are not already registered as a helper and wish to do so, please email: vice_president@kempseymacleay3a.com.au, or by mail: PO Box 3666 West Kempsey NSW 2440. This term we have three committee members away and again we need to call on our volunteers to share the workload. This may involve assisting members to enrol in courses, checking enrolment forms, taking payment for courses, collating next term's newsletter or membership data input.

Mid Year Luncheon

The date for the Mid Year Luncheon is Wednesday 28th June and the luncheon will be held at the Anglican Church Hall West Kempsey. More information is available in this Newsletter along with an invitation to attend. Hope to see you there!

Please Note: The dates scheduled for Term 2 Enrolment Days are Thursday 20th April at SWR Surf Club and Wednesday 26th April (day after ANZAC Day) at the Kempsey Macleay RSL Bowling Club, Austral Street.

Jenny Sproule – President ♦

PLEASE NOTE: Term 2 Enrolment in Kempsey will be on
Wednesday April 26, 10.30am to Noon at Kempsey Macleay
RSL Bowling Club, Austral Street!

COURSE CO-ORDINATOR'S REPORT — ROLL ON TERM 2

A successful Term 1 has just concluded so make the most of your break before Term 2 classes begin on Monday 1st May.

Thank you to all Class Leaders for offering such enjoyable courses for KMVU3A members to experience. Some Leaders are taking a break in Term 2 but we hope to see them leading their courses later in the year. A special thank you to those Leaders who were new to KMVU3A in Term 1.

The Ukulele group goes from strength to strength and will be entertaining us at the Mid Year Luncheon on 28

June. Thank you, Pauline, for introducing such an exciting course for our members to enjoy.

Our language courses are certainly increasing and hopefully Japanese will be added to the list in Term 3.

All U3A leaders and committee members are volunteers so please assist wherever you can – at class or at Enrolment Days. And PLEASE – contact the Class Leader if you will be absent.

A very Happy and Safe Easter and Roll on Term 2!

Fran Tarbox – Course Co-ordinator ♦



Members of the South West Rocks Ukulele group, hard at work and enjoying their class.

The Ukulele group is just one of the many enjoyable and instructional courses available through your Kempsey Macleay Valley U3A, so come and join a group of like-minded people.

For enquiries about KMVU3A, phone **6562-5869**. — Please leave a message and we will return your call.

Name Tags

In the interests of saving resources, it has been decided that name tags will only be printed once, on initial enrolment, and will not be reprinted every year. Should name tags require replacement, you may request such but please understand that this will only occur after each enrolment period.— Thank you for your understanding. ♦

Courses Taking a Break in Term 2

Calligraphy – Creative Writing – Drawing – Mahjong With a Twist – Photography – Table Tennis @ PCYC on Friday – Tribal Belly Dance

COMMITTEE CONTACTS 2017

PRESIDENT	Jenny Sproule	6562-1141 / 0429-453-753	president@kempseymacleayyu3a.com.au
VICE PRESIDENT	Bob Birrer	6566-9499 / 0419-393-870	vice_president@kempseymacleayyu3a.com.au
SECRETARY	Gabi Brie	6566-8319	secretary@kempseymacleayyu3a.com.au
TREASURER	Bruce Cumming	6566-8286	treasurer@kempseymacleayyu3a.com.au
ASSISTANT TREASURER	Steve West	0401-346-412	assistant@kempseymacleayyu3a.com.au
COURSE CO-ORDINATOR	Fran Tarbox	6562-7797 / 0408-627-797	course_coordinator@kempseymacleayyu3a.com.au
EVENTS CO-ORDINATOR	Judy van Raak	6562-2684	events_coordinator@kempseymacleayyu3a.com.au
COMMITTEE MEMBERS	Jan Shore	6562-2627 / 0408-668-441	jan.shore@outlook.com
	Kerry Sharp	6566-5963 / 0416-002-380	sharpfam@bigpond.net.au



U3A Committee for 2017: Back, Bob Birrer, Fran Tarbox, Jan Shore, Bruce Cumming, Judy van Raak; front, Kerry Sharp, Jenny Sproule, Gabi Brie, Steve West

HOW DO I ENROL AND PAY?

At present, there are five ways you can enrol and make your payment for the course/s you are doing:

1. Electronically using PayPal;
 2. Electronically through a direct deposit
 3. At the Credit Union;
 4. By post; or
 5. By attending the enrolment day.
1. **Electronically:** If you choose this option, you need to ensure that you have logged on to the MyU3A link <http://myu3a.net/KempseyMacleay> using the unique ID and password previously sent to you, enrol in your selected classes and make your payment using PayPal. Should you have mislaid your ID and password, please contact the MyU3A administrator directly on jan.shore@outlook.com and request they be resent to you.
 2. You can also **direct deposit** or make a **bank transfer** to the following account:
BSB: 704-189 (Coastline Credit Union)
Account No.: 00008731
Account Name: Kempsey Macleay Valley U3A
(or KMVU3A)

Please ensure you add your last name as an identifier so your payment can be readily identified.

If you choose this option, you will need to download and complete your enrolment form and scan it to send electronically to <http://myu3a.net/KempseyMacleay> or post it directly at the Post Office.

3. You may call in to Coastline Credit Union and **deposit your payment in person** using the above account details. Your enrolment form will need to be :-
sent by email info@kempseymacleayu3a.com.au OR
posted to Kempsey Macleay U3A Inc,
PO Box 3666, Kempsey NSW 2440.

4. **By post:** If you decide to send your enrolment form and payment (cheque or voucher) by post, they need to be addressed to
Kempsey Macleay U3A Inc, PO Box 3666, Kempsey NSW 2440.

Please be mindful that posted articles often take several days to arrive, so remember to post early to meet enrolment deadlines.

DO NOT SEND CASH.

5. **Enrolment Day.** The procedure is straight forward. You can take your form and the payment to the Enrolment Day, lodge the form and make the payment. ♦

Term 2 Enrolment Days will be held on:

Thursday 20th April at South West Rocks Surf Club and Wednesday 26th April at Kempsey Macleay RSL Bowling Club, Austral Street, Kempsey — 10.30am to 12 noon both venues.

Classes Start on Monday 1st May



COURSES FOR TERM 2 2017

BALANCE 'N' BONES

*Leaders: Monday – Robyn Forrest & Grace Gill;
Wednesday – Judy Nisbet and Margaret Jopling;
Thursday @ SWR – Isobel Hennessy*

This program on DVD has been developed by U3A for mature aged participants at all levels of fitness. It includes warm up, balance, stretch, cool down and relaxation — all in 50 minutes!

(Due to limited space at Tozer St there will be a maximum of 13 participants in the classes on Monday and Wednesday. Priority will be given to those who enrol in one session on either Monday or Wednesday.)

BEADING WORKSHOPS

Leader: Judy van Raak

Tiles, Tilas, Twins, Berries and Peanuts all have something in common — they are beads and may be the star of our next project. Fun? Frustration? Probably both. The penny will drop and after several hours that special necklace will be well on the way to completion. Wear comfortable clothing and bring your lunch. Tea and coffee supplied.

Beads available for purchase on the day.

BRIDGE

Leader: Margaret Corley

Team Leader Margaret has been playing bridge for about 30 years, loves it and wants to teach others to play. She has never played at a club and has no wish to do so. Margaret is purely a social player.

BUDDHIST MEDITATION

Leader: Viryadana

Viryadana is an experienced meditator and member of the Triratna Buddhist Order. Meditation is a chance to stop the busy whirl of our daily lives and develop quiet awareness. Suitable for both beginners and experienced meditators.

In this 4 week course we will be doing two traditional Buddhist practices: one based on the breath and the other on developing positive mental states. A cushion to support your back while sitting on a chair could be helpful. If you prefer to sit on the floor, bring a yoga mat.

Term 2: Four Weeks Only

CANOEING

Leaders: John & Myree Cruickshanks, Kevin Prescott.

Canoeing will continue as an ideal pastime for mature people to enjoy the beautiful Macleay waterways in good company.

Whilst it is a good idea to check with your doctor before undertaking canoeing (you can be over an hour away from medical help) this is a low impact form of exercise even for 'mature folk'. In fact, the hardest part of the deal is loading your canoe onto your car.

You will need a canoe, buoyancy vest and paddle or paddles (depending on the boat). Unfortunately, there is no perfect canoe for all purposes, so it is best to try before you buy and get good advice before purchasing.

CARD MAKING WORKSHOP — ADVANCED

Leaders: Brenda Prescott & Elinor Dowman

This group is for the more experienced card makers. Participants must have completed at least 1 term with the Wednesday group. You will share ideas and learn new skills and techniques.

See class leaders on enrolment day for 1st week's requirements.

CARD MAKING GROUP — WEDNESDAY

Leaders: Brenda Prescott & Elinor Dowman

Course requirement list will be available on enrolment day.

Come along to our friendly card making group and learn practical skills that result in a lovely and usable product. If you have the will, Brenda will show you the way. So surprise your family and friends with a personalised and unique greeting card.

Beginners are very welcome.

CARDS, PEGS & TILES

Leaders: Judy Nisbet & Jan Brenton

Each afternoon class members can decide for themselves which of our games they wish to play. So if you would like to participate and share a relaxing afternoon you will be able to decide to play Cribbage, Canasta, Samba, Bolivia, 500 or Rummy King. This often means on any afternoon each table, of four players, will be playing a different game..

COMPUTERS FOR BEGINNERS

Leader: Lorraine Daelman

The course will cover :-

- ◆ Introduction to Computers
- ◆ Typing and Saving
- ◆ The Internet
- ◆ Using Email
- ◆ Introduction to graphics.

The Kempsey Men's Shed is the venue with six desktop computers and one laptop computer available to use.

Any participant who would like to bring their own laptop will be most welcome to do so.

FRENCH — BEGINNERS

FRENCH — INTERMEDIATE

Leader: Marlene Holland

At last the hot weather has abated and it seems a good idea to curl up in front of the fire with those French books that have been crying out for attention. Or perhaps decide to accept the challenge of learning a new language. Whether you are starting at the very beginning, or just wish to refresh your knowledge, now is the time. No exams, no pressure, just steady progress with a good dose of fun.

FRIDAY FILMS

Leaders: Bob Ecclestone, Maryanne Kelly

Friday Films will continue in Term 2. In Term 1 we introduced a "Class Choice" experiment for 3 of the 8 weeks of Term where members of the class brought along a movie of their choice and the class would pick one of those on offer to watch on the day. This has been popular with the class and all agree the element of surprise has provided an element of added interest. During Term 1 we had a WW2 US propaganda musical in glorious Black & White aimed at getting men to enlist, the story of Napoleon on St Helena, "Gone With The Wind" screened over 2 weeks as well as some more modern titles. We are managing to maintain an eclectic mix of themes, so come along to Tozer Street on Friday afternoon at 12.30pm and join us for a cuppa and discussion after the movie.

FUN AND GAMES @ RSL

Leader: Jacky Booth

We are continuing to play the Canasta derivative Bolivia but looking to boost the fun factor by progressing to the next level: Hand and Foot. Involving two hands of cards each this

COURSES FOR TERM 2 2017

sounds complicated but can be mastered by any experienced player with relative ease and provides much enjoyment for all concerned. As one of our players commented, "I love Wednesday afternoons, we laugh a lot!". If you'd like to participate in an activity that sends you home with a smile on your face - give this one some thought.

GERMAN — BEGINNERS

Leader: Ellen Smith

Guten Tag, everyone.

This course is open to mainly beginners, but anyone can attend. We will be doing everyday language, particularly travel and food, of course.

See you in Term 2.

MACLEAY MEANDERS

Leaders: Bruce Cumming, Margaret Jopling

This walking group is going from strength to strength. With increasing fitness, more members are participating in the longer and more challenging walks. Average attendance is around 18.

Term 1 meanders have included the Bellbrook area, Eungai Creek Forest Area and Buffalo Farm, Wauchope and several coastal walks. We hope to include a bird watching morning at Port Macquarie Kooloonbung Creek in Term 2.

The aim of most participants is to spend a healthy outdoor morning, enjoying the friendship of like-minded people. New members are always very welcome.

(Note start time reverts to 8.30 am).

MAHJONG

NB. Mahjong is held on Tuesday in South West Rocks,

Wednesday in Kempsey.

Due to its popularity, class numbers are limited.

See Course timetable for individual group limits.

MAHJONG @ SOUTH WEST ROCKS

Leaders: Jim and Margaret Harris-Walker

Now in its 8th year, Mahjong has become very popular in South West Rocks with players learning Western, Chinese and variations on the game. Continuing players only for the morning group and experienced players in the afternoon in Term 2. Margaret and Jim look forward to welcoming players for a day of fun, friendship and entertainment.

MAHJONG WEDNESDAY

Leader: Margaret Emerson

This ancient Chinese tile game continues into its 14th year with KMOVU3A. Over those years many wonderful friendships formed and there is great caring, tolerance and acceptance in our members.

As we grow 'a little less young' it is important wherever possible to stay active, both physically and in the field of learning. Mahjong is a wonderful fun way to exercise the brain and meet new friends.

In terms 1 and 3 we will be accepting beginners to our course. The game may seem complicated at first, but beginners remain with a tutor until they feel confident to play with more experienced players. If you have ever felt it was a game you would like to learn, maybe this is the time

MACLEAY SOCIAL GARDENERS

Leaders: Mary Sweeney & Keith Edwards

If you have a balcony, patio, small town garden or acreage then this course is for you. Whatever your garden interests are:

Fruit trees, vegie patch or just pottering in the garden, you are welcome to come along and share your gardening experiences with like-minded, friendly people.

We have guest demonstrators and garden/nursery visits during the term. We have a trading table at each meeting to share cuttings, plants, excess vegies/fruits, etc.

This term we will hold our non-competitive photo competition which is open to all.

Come along and be inspired to exercise your green fingers!

NOVEL ADVENTURES WITH HEROINES, WIVES AND DAUGHTERS

Leader: Fran Tarbox

Against the backdrop of England's political and religious upheaval in the 1600's, farmer John Ridd falls in love with Lorna, the beauty of the notorious Doone clan — outlaws who were responsible for the death of his father. This BBC adaptation of R. D. Blackmore's "Lorna Doone", a turbulent passionate tale, features Amelia Warner, Aiden Gillen and Martin Clunes.

"Wives and Daughters" by Elizabeth Gaskell is adapted by Andrew Davies and stars Francesca Annis, Michael Gambon, Keeley Hawes and a host of familiar British actors. When Molly's father remarries, her world is overturned by the arrival of an unwanted stepmother and a bewitching and beautiful stepsister, Cynthia! The two girls form a close relationship — until they both become rivals in love!!

Come along on Thursday afternoons for a feast of BBC adaptations of great works of literature!

PHILOSOPHY

Leader: Margaret Black

This term the question to be explored is "What Makes a Society Just?". Included in the curriculum is an excerpt from a lecture given by Abu'l A 'la Mawdudi, in which he gives a brief but illuminating account of the political theory of Islam and the nature and characteristics of the Islamic state. Also to be read and discussed is an excerpt from Mao Zedong's writings "On the People's Democratic Dictatorship" in which he discusses political power and the gun. Then there is "Keeping the Faith" by Fang Lizhi, as well as Plato's "Crito" and Martin Luther King's "Letter from Birmingham Jail". In our current political climate it is essential to be well informed, which according to the dictionary is to be wise. This course is a stimulus to get one thinking wisely about issues which affect us all.

SCRAPBOOKING

Leader: Dianne Dunkley

Come and join this popular craft, and have fun doing it. Learn how to preserve those precious documents and photos, from simple pages to the more complex. I'd love to help you with: Photo storage and organisational products, Quick Album ideas, Photo albums (traditional slide in style or plain), simple scrapbooking, to the more elaborate pages. So for all your scrapbooking supplies and ideas come to my workshed (at the rear of my house), and join us for a fun and informative 2 hour class.

SPANISH — BEGINNERS

Leaders: Susan Baker, Richard Mackay

Elementary course which consists of basic grammar and simple conversation providing the basis for further study. The purchase of a \$55 text book (ELE Actual Initial) would be an advantage.

COURSES FOR TERM 2 2017

SPANISH — INTERMEDIATE

Leader: Richard Mackay

Will consist of the acquisition of further conversational and writing proficiency, including the study of more grammar. Students of intermediate Spanish will be able to start composing simple texts with the aim of writing and speaking independently.

TABLE TENNIS WEDNESDAY @ RSL BOWLO

Leaders: Steve Tarbox and Shirley Mayhew

The Kempsey-Macleay RSL Bowling Club is a good venue and all equipment can be supplied. Non slip sports footwear is recommended. Qualified coaching is provided. Friendly games of singles or doubles are played.

So, why play table tennis?

- Gentle on your body, yet you will have a good workout.
- You will improve your mobility and reflexes
- There is plenty of thinking and strategy development
- But – most of all – it is fun!

TUESDAY TAPPERS

Leader: Gloria Markovina

For fun, laughter and good company come to Sherwood Hall Tuesday 9 to 11am. No experience necessary, just a love to dance. Fitness is a bonus. Please wear comfortable clothes and don't forget your water.



Ivan, one of the happy members of the drawing group

UKULELE FOR BEGINNERS @ SWR

Leader: Pauline McFerran

I first picked up a ukulele when I was 2 years old, playing tunes at 4 years old, so I have played the ukulele and guitar for a long, long, time (no mention of age!)

You can become part of the South West Rocks Ukulele Sing-along – a happy, fun loving group – where you will learn about your instrument and how to care for it, to play basic chords, to strum, to tune, how to read and play music and singalong whilst you play! If I can sing a tune you can too...

I will have you playing simple tunes in a short time. You say impossible – nothing is impossible!

You will need a ukulele, a music stand and a tuner. These can be bought at The Music Zoo, online or at music stores.

Further details on enrolment day or contact Pauline – 6566 7632 or 0447 282 573

Happy Strumming! ♦

LANYARDS

Australian Standards are moving to the use of breakaway lanyards, however, the lanyards such as USA supplies, do comply with current standards in accordance with risk assessment of activities.

As our supplies of lanyards diminish, the newer breakaway lanyards will be purchased.

Term 2 Enrolment:

Thursday 20th April at South West Rocks Surf Club, 10.30am to 12 noon

Wednesday 26th April at Kempsey Macleay RSL Bowling Club, Austral Street, 10.30am to 12 noon

UNABLE TO ATTEND CLASS?

Please contact the class leader beforehand

Why is my name not on the Class List?

Exciting changes have been taking place to provide more options for members to enrol and pay for courses.

Of course, with changes, there are some challenges to overcome, not the least of which is why your name may not appear on a Class List. Why is this so?

After completing one of the “5 ways you can enrol and make your payment” (see page 2) this is what happens:

At the end of Enrolment Day, all the forms and payments are taken to the office and class lists prepared for

class leaders. If you are not on the class list when you arrive for class/es which you have enrolled in, it means that your enrolment form and payment have not been received in time to be added to the class list. This will be rectified once your payment details have been verified and processed. The class leader will then be notified and your name will be added.

Obviously it would be to everyone's advantage to have all enrolments processed on or by Enrolment Day, thus eliminating double, and sometimes more, handling of enrolment forms and class lists.

Your committee has been working hard to provide choices in the enrolment process, so hopefully you will find an enrolment method which suits you and ensures the enrolment process flows smoothly for all. ♦

Please submit your postal or electronic Enrolment info before Monday April 24

Get the Picture...

Here are some of the results from the U3A 'Get the Picture' course in Term 1.

This is just one of the many and varied courses available to stimulate creativity, companionship, exercise and skills offered to members of Kempsey Macleay Valley U3A



Wallscape



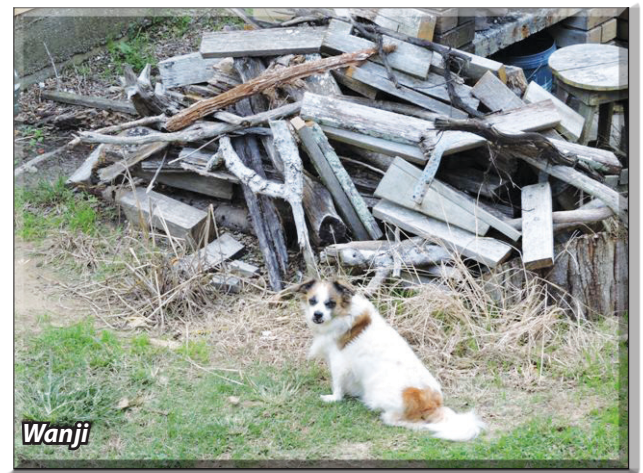
Cloudscape



Seascape



Sunrise



Wanji



Water Pattern



Riverscape

KMV U3A TERM 2 2017 TIMETABLE



= Bring Your Own Mug/Cup

DAY & TIME	COURSE	CLASS LEADER(S)	START DATE	VENUE	CLASS SIZE	TERM COST
Monday 9am to 10am	Balance 'n'Bones – Monday	Robyn Forrest 6562-7180 Grace Gill 6567-1135	May 1	46a Tozer Street West Kempsey	Everyone Welcome Maximum 13	\$5
Monday 9am to 12 noon	Canoeing	John & Myree Cruickshanks 6562-4486 Kevin Prescott 6566-0468	May 1	Eden Street Boat Ramp and other venues	Everyone Welcome	\$5
Monday 12.30 pm to 2.30 pm	Spanish – Beginners	Susan Baker 0431-208236 Richard Mackay 6562-7174	May 1	Community Care Centre	Everyone Welcome	\$5
Monday 1pm to 4pm	Cards, Pegs, Tiles	Judy Nisbet 6562-5996 Jan Brenton 6562-6414	May 1	46a Tozer Street West Kempsey	Everyone Welcome	\$5
Monday 1.00 pm – 2.30 pm	Computers for Beginners	Lorraine Daelman 6567-4702 and 0408-141-803	May 1	Men's Shed, Ten- Pin Bowling Complex, South St, S Kempsey	Everyone Welcome Maximum 10 (No Mail Bookings)	\$5
Tuesday 9am to 11am	Tuesday Tappers	Gloria Markovina 6561-7340	May 2	Sherwood Hall	Everyone Welcome Maximum 16	\$5
Tuesday 9.30am to 12.30pm	Mahjong @ SWR	Jim/Margaret Harris- Walker 6566-7434	May 2	Boronia Gardens 12 Lawson Street SWR	Continuing Players Maximum 32	\$5
Tuesday 10.00am to 12 noon	Scrapbooking – Morning	Dianne Dunkley 6562 7660	May 2	4 Albert St, South Kempsey	Everyone Welcome	\$5
Tuesday 10am to 3pm	Card Making Workshop – Advanced	Brenda Prescott 6566-0468 Elinor Dowman 6562-8165	May 2	46a Tozer Street West Kempsey	Min. 4 – Max. 12 No Mail Bookings	\$5
Tuesday 10.30am to 12.30pm	French – Intermediate	Marlene Holland 6566-8702	May 2	4 Bede Lawrence Close Frederickton	Continuing Members Maximum 10	\$5
Tuesday 1.00pm to 3.00pm	Spanish – Intermediate	Richard Mackay 6562-7174	May 2	Community Care Centre Forth St Kempsey	Everyone Welcome	\$5
Tuesday 1pm to 4pm	Mahjong @ SWR – Experienced	Jim/Margaret Harris- Walker 6566-7434	May 2	Boronia Gardens 12 Lawson Street SWR	Experienced Players Maximum 24	\$5
Tuesday 1.30pm to 4.30pm	Bridge	Margaret Corley 6562-4330	May 2	All Saints Catholic Parish Hall cnr Kemp & Marsh Streets West Kempsey	New & Continuing Players	\$5

KMV U3A TERM 2 2017 TIMETABLE



DAY & TIME	COURSE	CLASS LEADER(S)	START DATE	VENUE	CLASS SIZE	TERM COST
Tuesday 2pm to 4pm	French – Beginners	Marlene Holland 6566-8702	May 2	4 Bede Lawrence Close Frederickton	Everyone Welcome Maximum 10	\$5
Tuesday 4pm to 6pm	Scrapbooking – Afternoon	Dianne Dunkley 6562-7660	May 2	4 Albert Street South Kempsey	Everyone Welcome	\$5
Wednesday 9am to 10am	Balance 'n' Bones – Wednesday	Marg Jopling 6562-6044 Judy Nisbet 6562-5996	May 3	46a Tozer Street West Kempsey	Everyone Welcome Maximum 13	\$5
Wednesday 9.15am to 12.30pm	Mahjong – West Kempsey	Margaret Emerson 6566-8273	May 3	Uniting Church Hall, Wide St West Kempsey	Continuing Players Maximum 28	\$5
Wednesday 10am to 3.30pm	Card Making Group Wednesday	Brenda Prescott 6566-0468 Elinor Dowman 6562-8165	May 3	All Saints Catholic Church Meeting Room Kemp & Marsh Streets, West Kempsey	Everyone Welcome Min. 5 – Max. 12 (No Mail Bookings)	\$5
Wednesday 10.30am to 12 noon (4 Weeks)	Buddhist Meditation	Virydana 6567-1416	May 24 & 31, June 7 & 14	Masonic Hall, Tozer Street West Kempsey	Everyone Welcome	\$5
Wednesday 1.00pm to 3.30pm	Philosophy	Margaret Black 5591-2025	May 3	46a Tozer Street, West Kempsey	Everyone Welcome	\$5
Wednesday 1.30pm to 3.30pm	Table Tennis Wed. @ RSL Bowlo	Steve Tarbox 6562-7797 Shirley Mayhew 6562-7134	May 3	Kempsey-Macleay RSL Bowling Club 13 Austral St Kempsey	Everyone Welcome	\$5 + club m'ship
Wednesday 1.15pm to 4.30pm	Fun and Games @ RSL	Jacky Booth 6567-4511	May 3	Kempsey-Macleay RSL Club	Everyone Welcome Maximum 24	\$5 + club m'ship
Thursday 9.30am to 10.30am	Balance 'n' Bones @ SWR	Isobel Hennessy 6566-7878	May 4	Boronia Gardens 12 Lawson Street SWR	Everyone Welcome Maximum 14	\$5
Thursday 10.45am to 12.15pm	Ukulele @ SWR	Pauline McFerran 6566-7632	May 4	Boronia Gardens 12 Lawson Street SWR	Everyone Welcome (No Mail Bookings)	\$5
Thursday 1pm to 3.30pm (6 Weeks)	Novel Adventures	Fran Tarbox 6562-7797 or 0408-627-797	May 18	46a Tozer Street, West Kempsey	Everyone Welcome	\$5
Thursday 1pm to 3pm	Macleay Social Gardeners	Mary Sweeney 6566 9348 Keith Edwards 6566-7562	May 4	Masonic Hall, Tozer Street West Kempsey	Everyone Welcome	\$5

KMV U3A TERM 2 2017 TIMETABLE



DAY & TIME	COURSE	CLASS LEADER(S)	START DATE	VENUE	CLASS SIZE	TERM COST
Friday 8.30am to 12 noon	Macleay Meanders	Margaret Jopling 6562-6044 Bruce Cumming 6566-8286	May 5	Car Park behind Caltex, Verge Lane, Kempsey	Everyone Welcome	\$5
Friday 10.00am to 11,30am	German – Beginners	Ellen Smith 6563-1204 or 0409-631-204	May 5	46a Tozer Street, West Kempsey	Everyone Welcome Maximum 20	\$5
Friday 12.30pm to 4pm	Friday Films	Bob Ecclestone 0419 414 412 Maryanne Kelly 0407-222-591	May 5	46a Tozer Street, West Kempsey	Everyone Welcome	\$5
Saturday 10am to 4pm) (2 Weeks)	Beading Workshop	Judy van Raak 6562-2684	May 13 and June 10	46a Tozer Street, West Kempsey	Everyone Welcome Maximum 10	\$5



Members of the first term Drawing group busily engaged in their craft.

Why Join U3A? – An active social, mental and physical life is essential as we grow older
– Keeping the brain working, especially with activities that involve new learning, is particularly advantageous.

All this and more is at U3A. See you at Enrolment Day!

COURSE CANCELLATION

When a course is cancelled during the term, no refunds are given. The only time a refund is offered is when the course does not actually commence.



MID YEAR



LUNCHEON

*Come along with your partner or friend
for an enjoyable few hours*

At the...



Anglican Church Hall



Wednesday, 28th June, 2017

12 noon for 12.30pm – \$26 per head



Menu: Main – Two Meat Roast with Vegetables.
Dessert – Alternate serves of Apple Crumble and Pavlova.
Bread roll, tea and coffee.

Entertainment: The ukulele group are eager to entertain, showing off the skills learnt in terms 1 and 2. If you so desire wear a Hawaiian shirt, lei or perhaps a hibiscus flower or grass skirt to add to the fun!

RSVP: Wednesday 21st June, 2017



KMVU3A LUNCHEON ACCEPTANCE FORM

NAME:

ADDRESS:

NUMBER ATTENDING: I NEED TRANSPORT YES/NO

AMOUNT ENCLOSED: \$ CHEQUE/MONEY ORDER/CASH/BANK TRANSFER

SPECIAL DIETARY REQUIREMENTS:

SIGNATURE: PHONE:

**POST TO: The Events Co-ordinator, Kempsey-Macleay Valley U3A
PO Box 3666, West Kempsey 2440**

If undelivered please return to
KEMPSEY-MACLEAY VALLEY U3A
PO BOX 3666 WEST KEMPSEY 2440

TERM 2 ENROLMENT DAYS:

Thursday 20th April at South West Rocks Surf Club and Wednesday 26th April
at Kempsey Macleay RSL Bowling Club, Austral Street Kempsey.

Enrolment: 10.30am to 12 noon

Please submit your Postal or Electronic Enrolment before Monday April 24

Classes Start on Monday 1st May

ON-LINE ENROLMENT IS NOW AVAILABLE!

See KMOVU3A Website for full details. Follow the prompts!

Change of Details

If any of your details have changed, please fill out the following and send it along or post it to:

MEMBERSHIP SECRETARY
KEMPSEY-MACLEAY VALLEY U3A PO BOX 3666, WEST KEMPSEY 2440

NAME

ADDRESS

POSTAL ADDRESS

E-MAIL ADDRESS

PHONE MOBILE PHONE

SIGNATURE